

ADULT TENNIS

JUNE 10 - SEPTEMBER 2, 2024

NO CLASSES ARE HELD ON: Sat, June 22 - Wed, June 26, and Thu & Fri July 4 & 5, and Mon. Sept 2.

Court One offers a wide range of tennis programming for adults. If you are a travel team player or just looking for the occasional hit, we have a group to fit your skill and lifestyle.



Payment is due at the time of attendance.

For additional information, or specific needs, please contact: Justin Sabourin (517) 908-3245 or Sabourin.justin@courtone.com

For all drop-in classes: There **MUST** be at least 4 PARTICIPANTS signed up 24 HOURS PRIOR to the class time. Otherwise, the class for that week **WILL BE CANCELLED**.

Times and pricing are subject to change.

All pricing is per day

START / ReSTART

For the beginning or returning player. Develop consistency and control while learning singles and doubles strategies.

Beginner - Intermediate



Location	Day	Time	Member	Guest
North	Thu	12:00p - 1:30p	\$20	\$24
East	Mon	11:00a - 12:00p	\$13	\$16
East	Fri	9:30a - 10:30a	\$13	\$16

PRACTICE AND PLAY

A perfect way to get active! We invite members to join us in a fast-paced tennis workout. Learn to compete with advanced technical instruction, strategy, and more. This is a perfect way to meet new players and get in the Game!

Intermediate - Advanced



Location (Level)	Day	Time	Member	Guest
East (3.0 - 5.0 Mixed)	Sat	9:30a - 11:00a	\$18	\$24

TRAVEL TEAM DRILL

By popular demand... we offer additional travel teams drills for league team members who desire more than a once a week team practice. This is a great place to develop new skills to advance your game. Non-travel team players are welcome as well. (Be mindful of your level; teaching professional approval is required.)

Intermediate - Advanced

Location (Level)	Day	Time	Member	Guest
East (3.0 / 3.5)	Thu	9:00a - 10:30a	\$18	\$24
East (3.0 / 3.5)	Fri	10:30a - 12:00p	\$18	\$24

TRAVEL TEAM PRACTICES

USTA League tennis is organized, competitive team play for men and women age 18 and older. All ages and abilities are welcome. While we seek to add new teams, individual practices are limited to team members.

Intermediate - Advanced



Location (Level)	Day	Time	Plus	Member
East (3.0/3.5 Women)	Wed	9:00a - 11:00a	\$20	\$24



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www.courtone.com

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